

Caring For Your Surgical Wound

What is a Surgical Wound?

A surgical wound is a cut made during surgery. It is closed using stitches, staples or skin glue.

How do I care for my surgical wound?

- Keep the dressing clean and dry at all times.
- Protect your wound from any injury.
- Showering is allowed after your surgery unless our nurses advise otherwise.
- Do not perform strenuous activities such as lifting, straining, exercises or sports for the first month after your surgery.
- Do not use creams or lotions unless recommended by your doctor.
- Do not touch the incision line with your finger if your wound is exposed.

What will happen to my stitches or staples?

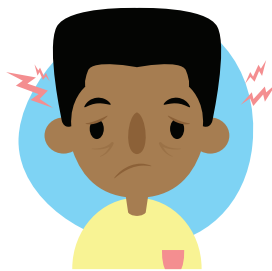
Your doctor or nurse will inform you when your stitches or staples can be removed upon your discharge. Depending on the nature of surgery, stitches and staples are usually removed between 10 to 21 days after surgery. You will be given an outpatient clinic appointment to remove your stitches or staples.

When should I seek medical help?

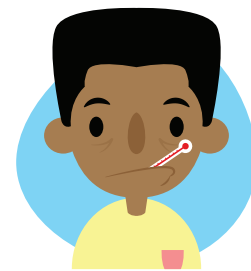
If you experience the following symptoms, visit our **Urgent Care Centre (UCC)**.



Unpleasant smell
from the wound



Increasing or persistent
pain at the wound site



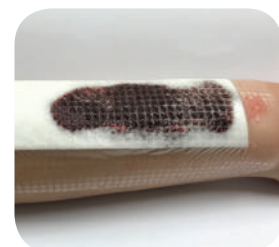
Fever above 38°C



Redness



Wound discharge



Excessive bleeding

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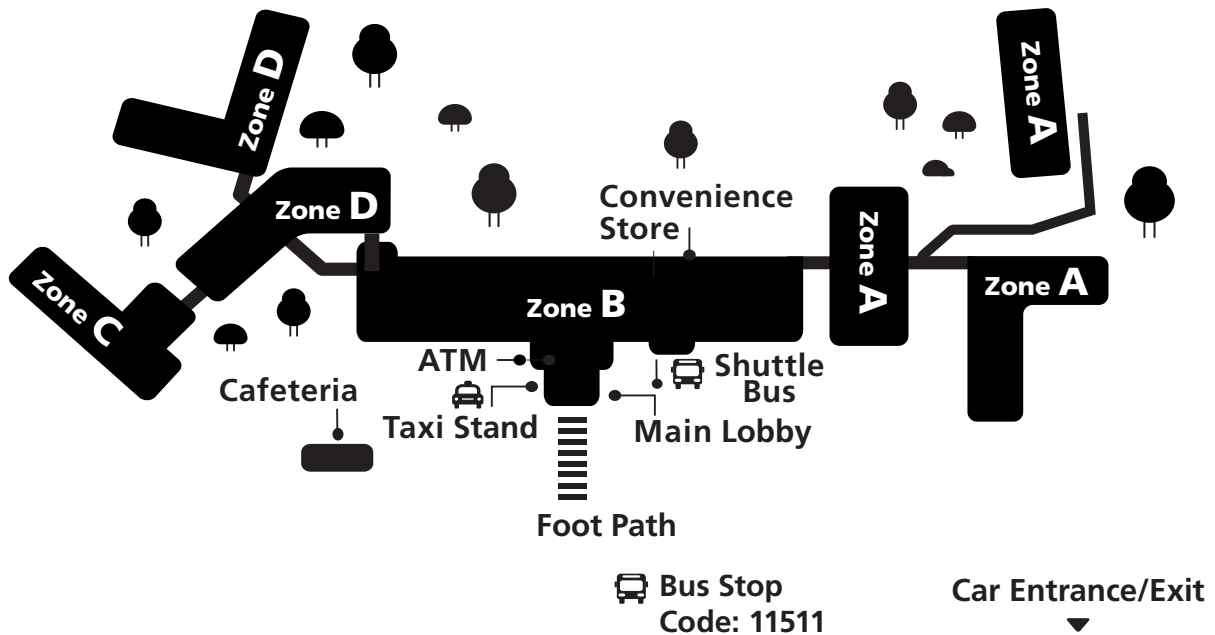
378 Alexandra Road, Singapore 159964

OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

www.ah.com.sg



<https://for.sg/9ce2eu>

Scan the QR code to see the full directory of facilities!

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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Information is correct at time of printing Feb 2023 and subject to revision without prior notice.